Judo was created in 1882 by Professor Jigoro Kano. As an educational method derived from the martial arts, judo became an official Olympic sport in 1964. Judo is a highly codified sport in which the mind controls the expression of the body and is a sport which contributes to educating individuals.

Beyond competitions and combat, judo involves technical research, practice of katas, self-defense work, physical preparation and sharpening of spirit. As a discipline derived from ancestral traditions, judo was designed by its Master Founder as an eminently modern and progressive activity.

The Judo Association of Hong Kong, China was incorporated in Hong Kong as a company limited by guarantee and as a non-profit organization.

VISION
Making Judo a leading sport accessible for all categories of the population and contribute to a better society of Hong Kong.

MISSION
To work together with the International Judo Federation, Judo Union of Asia, Sport Federation and Olympic Committee of Hong Kong, China and all local and international Judo organizations and associations, to spread the values of Judo and inspire generations for a healthy life based on solid moral principles, to offer guidance and leadership for its stakeholders while preserving the integrity of the sport and of the athletes, as well as all its members and to organize entertaining events for fans and public for a better dissemination of the Judo principles.
GOALS
The Judo Association of Hong Kong, China has the following aims, without this constituting an exhaustive list:

• To promote cordial and friendly relations between its members, to uphold proper operating procedures of the members and clubs to lead and organize judo activities in Hong Kong,
• To protect the interests of judo
• To organize local and international events, to supervise events organized by its members and to participate in the organization of Olympic events.
• To develop the practice of judo in Hong Kong for all categories of the population.
• To improve the quality of judo training.
• To supervise the awarding of grades, including “dan” ranks, and their compliance with IJF rules.
• To promote the ideals and objectives behind the Olympic movement.

STRATEGY
The JAHKC strategy is focused around its main goals and vision.

Universality – spread the values of judo, increase the judo population in Hong Kong, facilitate the participation to the sport of judo in all areas and layers of society.

Leadership and Innovation – ensure guidance and support to all its members, while offering athletes a strong performance structure, fans an unforgettable sporting experience and media a complete and accessible sporting product.

Mutual aid and development – support members where it is needed in order to improve the judo activity and develop the sport, actively monitoring and participating in judo activities to offer relief and a better life through judo and its values.