

中國香港柔道總會

The Judo Association of Hong Kong, China



活動大綱

Event Outlines for Enrollment

2025年度香港柔道隊際錦標賽

Hong Kong Judo Team Championships 2025

(非本地計分賽事)

(Local Non Scoring Event)

2025年7月13日 (星期日)

13th July 2025 (Sunday)

石硤尾公園體育館

Shek Kip Mei Park Sports Centre



Tel: 2504 8360

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Email: competition@hkjudo.org

Address: Room 1024, Olympic House,

No. 1, Stadium Path, Causeway Bay, HK

資助機構:
Subvented by:



康樂及文化事務署
Leisure and Cultural
Services Department





級別:

1. 男子組：每隊之運動員人數為 5 名，限制合共 410 公斤，而最輕者不得少於 55 公斤。
2. 女子組：每隊之運動員人數為 5 名，限制合共 330 公斤，而最輕者不得少於 45 公斤。
男子組/女子組：每場比賽時間 4 分鐘。比賽採用五局三勝制。裁判必須定出每局比賽的勝方。
3. 先進組 (男子年齡 45 歲或以上，女子年齡 35 歲或以上)：每隊之運動員人數為 3 名(2 男 1 女)，
第 1 及 3 場比賽將由男選手進行，第 2 場比賽將由女選手進行。比賽時間 3 分鐘，比賽順序將從最年輕到最年長。
獲勝方將由 Waza-ari 或以上決定。如果在比賽結束時打和(Hikiwake)，將以抽籤決勝負。不設黃金時間。
在贏得相同場次的情況下，獲勝方由 Ippon 勝(包括 FusenGachi、KikenGachi 和 SogoGachi)或 Wazari 勝的數量決定。
在獲得相同數量的比賽和獲勝分數的情況下(Hikiwake)，將以抽籤決勝負。

***每隊必須同時齊集各隊員進行過磅，否則當棄權論。**

資格：(1) 出賽者須在四級(橙帶)或以上。

(2) 年齡必須在十四歲或以上，如年齡未滿十八歲者須家長或監護人簽署同意。

(3) 各團體限報男、女子組各一隊作賽。先進組不限。

賽制：採淘汰及八強復活制方式進行。

裁判：由中國香港柔道總會安排。

獎勵：各級組別設冠、亞及兩名季軍。

報名費：每組每隊 **港幣三百元正**。

服裝：運動員必須使用藍或白色柔道服出場作賽。賽會不設後備柔道服。柔道服不適合將被取消參賽資格。

報名：只接受 <http://www.judoregistration.org> 網上報名 (**不接受逾期報名**)。

量體重：參賽者請於比賽當天**帶備年齡證明文件**，往比賽場地辦理量體重及登記手續。

正式量體重：報名截止後，另行通告，參賽者必須按上述編排辦理量體重及登記手續，**逾時作棄權論**。

賽程：有關當天賽事詳細程序，請於比賽期間留意大會公佈。

比賽規例：比賽將根據最新國際柔道聯合會體育及組織規例，國際柔道聯合會裁判規例及亞洲柔道聯盟技術指引進行。

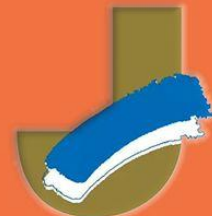
參賽者須知：

1. 參加者需要負責自己的身體狀況及健康，並考慮是否適宜申請參加本賽事。如有疑問，請徵詢醫生的意見。
2. 報名經確實後，參加者有責任繳付所需費用。
3. 除情況特殊外，所有項目一經報名，不得申請退款、轉組或由他人代替參加。
4. 本會有權決定接受或拒絕任何申請。
5. 活動舉行期間，參加者須顧及自身安全，並須遵從工作人員之指示，如遇意外事故，包括財物遺失、身體損傷等，本會概不負責。如有任何不適，須立即向有關工作人員尋求協助。
6. 活動負責人及本會職員有權拒絕不守紀律之參加者繼續參與活動，所繳之費用概不發還。
7. 本賽事不設上訴，以現場裁判判決為最終裁決。
8. 當天文台懸掛八號或以上颱風訊號或黑色暴雨訊號，是次活動將自動取消。如在活動舉行前兩小時已取消八號或以上風球或黑色暴雨訊號，並在場地許可的情況下，是次活動照常舉行。參加者應考慮實際天氣及交通情況來判斷是否參加活動。
9. 若活動舉行前兩小時，天文台懸掛雷暴警告訊號、黃色暴雨戒備訊號、紅色暴雨警告訊號、三號或以下颱風訊號，是次活動將依天氣情況及場地許可的情況下，活動負責人決定是否繼續進行，如參加者收不到任何通知，則活動按原定時間、地點舉行。
10. 本條款如有未完善之處，本會有最終修改權。

*注意：

1. 所有報名單位必須填妥網上報名表格全部所需的資料並完成報名費繳付手續。任何資料不全的報名將不獲接納。
2. 本賽事可能有殘疾人運動員參與。
3. 請留意參賽者須知。

截止報名日期：2025 年 7 月 4 日 (星期五)



Category:

1. Men's Group: Five players per team, the total weight of the team players must be less than 410kg and the lightest player should be over 55kg.
2. Women's Group: Five players per team, the total weight of the team players must be less than 330kg and the lightest player should be over 45kg.
Men's/ Women's Group: (1) Duration of contest is 4 minutes. (2) Best of Five (winning three out of five contests).
(3) The referees will declare the winner in each contest.
3. Master Group (Male Players must be aged 45 or above and Female players must be aged 35 or above) ;
Each team shall consist of Three players. (2 men and 1 women).
The 1st & 3rd Match will be played by male players. The 2nd match will be played by female players.
Duration of contest is 3 minutes. Order of the competitions will be from the youngest to the oldest.
The winner will be decided by Waza-ari or above.
If there is a tie (Hikiwake) at the end of the contest, the result will be decided by a draw. No Golden Score.
In the case of equal number of contests won, the number of matches winning by Ippon (including FusenGachi, KikenGachi, and SogoGachi) OR by Wazari will decide the winner.
In the case of equal number of contests won and winning scores (Hikiwake) , the result will be decided by a draw.

***Each team's players must participate in the weigh-in together.**

- Entry Requirements:** (1) Team players should be holders of 4th Kyu (Orange Belt) or higher.
(2) Players must be aged 14 or above and players whose age under 18 must be countersigned by their parents or guardians.
(3) Each club can register only one team for Men's Group or/and one team for Women's Group. No limitation for masters.

Mode of Competition: Elimination system with Quarter - final repechage.

Referees: Arranged by The Judo Association of Hong Kong, China.

Prize: Trophies will be awarded to Champion, 1st runner-up and two 2nd runners-up of each category.

Entry Fee: HK\$300.00 per team per group.

Uniform of Competition: Athletes must wear the correct blue or white Judogi for their match. There will be no reserve judogi and players wearing unsuitable judogi will be disqualified.

Entries: Only online enrollment through (<http://www.judoregistration.org>) is accepted (**Late entry will not be accepted.**) .

Weigh-in and Registration: Official weigh-in and registration will be held on the day of competition at competition venue. Please bring along a **valid document** to show your age.

Official Weigh-in: To be announced in due course after the registration closed.

All competitors must follow the weigh-in and registration time-schedule. Late-comers will **not be accepted.**

Competition Schedule: Please pay attention to the organizing committee's announcements during competitions.

Rules & Regulations of Competition: Competition is conducted in accordance with the latest IJF Sport and Organization Rules, IJF Refereeing Rules, JUA Technical Code.

Notes to Participants:

1. Participants should be aware of their health conditions and consider whether it is suitable for them to enroll in this competition. In case of doubt, please consult a doctor prior to the enrollment of competition.
2. All entry fees must be settled once enrollment is confirmed.
3. Unless under special circumstances, no application for refund, change of category or making substitution is allowed after enrollment.
4. The Judo Association of Hong Kong, China reserves the right to accept or reject any applications.
5. Participants should be responsible for their own safety and should follow the instructions from our staff. Our Association is not liable for any loss of personal belongings or harm caused to the participants during the activities. Participants should report to the staff if feeling unwell.
6. Instructors and staff of The Judo Association of Hong Kong, China can disallow anyone who fails to observe instructions to continue his/her participation of the activities during the competition. No refund is entertained.
7. No appeal for this competition. The referee at that match makes the final decision.
8. In case the typhoon signal No.8 or above or black rainstorm warning signal is issued, all activities will be cancelled. (In case that the No.8 or above or black rainstorm warning signal is cancelled two hours before an activity commences and that the venue condition permits, all activities will be held as scheduled. Participants should consider the actual weather and traffic conditions when deciding whether or not to attend the activity.)
9. In case the thunderstorm warnings or amber rainstorm warning or red rainstorm warning signals, typhoon signal No.3 or below is issued two hours before an activity commences and the venue condition permits, the championship will be held as scheduled or cancelled. The activity will be held as scheduled without further notice.
10. The Judo Association of Hong Kong, China reserves the right to amend the terms and conditions without advance notice.

*Attention:

1. Application will not be accepted if there is insufficient entry input and/or incomplete payment of entry fee.
2. Physical Disabled judokas are allowed for this competition.
3. Participants should read thoroughly the respective notes.

Deadline of Entry: 4th July 2025 (Friday)

資助機構:
Subvented by:



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